

# Spa

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**SPECIAL**  
**10th ANNIVERSARY ISSUE**

# Degām MedSpa

## NEWPORT BEACH, CALIFORNIA

**D**EGĀM MEDSPA HAS raised the bar for what guests should expect from a true Medical Spa. Degām MedSpa not only focuses on the spa experience, but also offers personalized non-invasive pain-free care programs, which achieve lasting and viable results from the first visit.

All medical therapies are recommended through a one-one medical consultation and imaging analysis with Dr. Bernard de Berry, M.D., F.A.C.S., who administers or directly supervises all procedures. As a result, Degām MedSpa provides guests with an unparalleled and safe experience into the high-tech world of non-invasive cosmetic and anti-aging medical procedures.

So, whether you are in need of a natural



lift for your face, body and spirits, banishing cellulite or simply interested in de-stressing with therapeutic spa treatments on a view-top above Newport Beach's Back Bay - Degām MedSpa promises to exceed every expectation.

### SPECIALTY TREATMENTS & PROGRAMS

Laser Treatments: Skin Rejuvenation, Titan™ Skin Tightening, Hair Removal, Acne Treatment, Vein Treatment • Injectables & Fillers: Botox®, Restylane, Captique, Cosmoplast, and Sculptra • Anti-Cellulite Treatments: TriActive LaserDermology, Endermologie, Mesotherapy • Spa Treatments: Facials, Massage, Microdermabrasion, Chemical Peels • Signature Non-Invasive Face-lifting and Body Re-sculpting Programs

**FACILITIES** 9 treatment rooms

**PRODUCT LINES** La Roche-Posay • Swiss Line • Obagi

### CONTACT INFORMATION

**Address** 100 Bayview, Ste. 650 (South Tower) Newport Beach, CA 92660

**Reservations** 949-777-1001

**E-mail** info@degammedspa.com

**Website** www.degammedspa.com

# The Oaks at Ojai

## OJAI, CALIFORNIA

**P**EOPLE SAY THEY CAN feel the stress melt away as they enter the bucolic Ojai Valley, also known as "Shangri-La." The small artist town, just south of Santa Barbara and near the Pacific Ocean is home to the family run spa, The Oaks at Ojai.

The Oaks provides guests with a casual, unassuming environment in its intimate 46-room setting. You can come with a friend for a quick two-night getaway or for a long vacation to enjoy everything The Oaks and Ojai have to offer. Founder and fitness expert Sheila Cluff has a hands-on approach at her spa, personally teaching several classes for the past 28 years.

The Oaks delivers a dynamic fitness program ranging from mountain hikes and water workouts to Qi Gong and belly dancing. Spa Cuisine features local produce while educational classes in wellness and nutrition



complement a bevy of relaxing treatments such as Ojai River rock massage, acupuncture, Watsu, anti-aging facials, Reiki energy work, and more. A full service hair, nail, and makeup salon is available on the property with a caring staff ready to assist you. Discover for yourself why guests return to The Oaks again and again to experience truly affordable bliss.

### SPECIALTY TREATMENTS & PROGRAMS

Massage • Facials • Anti-aging • Ojai Olive Oil Body Soufflé • Aromatherapy • Acupuncture • Lemongrass Lavender Pedispa • Reflexology • Reiki • Watsu

**FACILITIES** Pool • Redwood Sauna • Eucalyptus Steam Room • Nail, Makeup & Hair Salon • Paramount Equipment • Art Gallery • Boutique

**RATES** Starting at \$175 per night

**PRODUCT LINES** GM Collin • Primafleur • Biomedics • Get Fresh • Jane Iredale

### CONTACT INFORMATION

**Address** 122 E. Ojai Avenue, Ojai, CA 92023

**Reservations** 800-753-6257 or 805-646-5573

**E-mail** info@oaksspa.com

**Website** www.oaksspa.com